



Tory Ryden

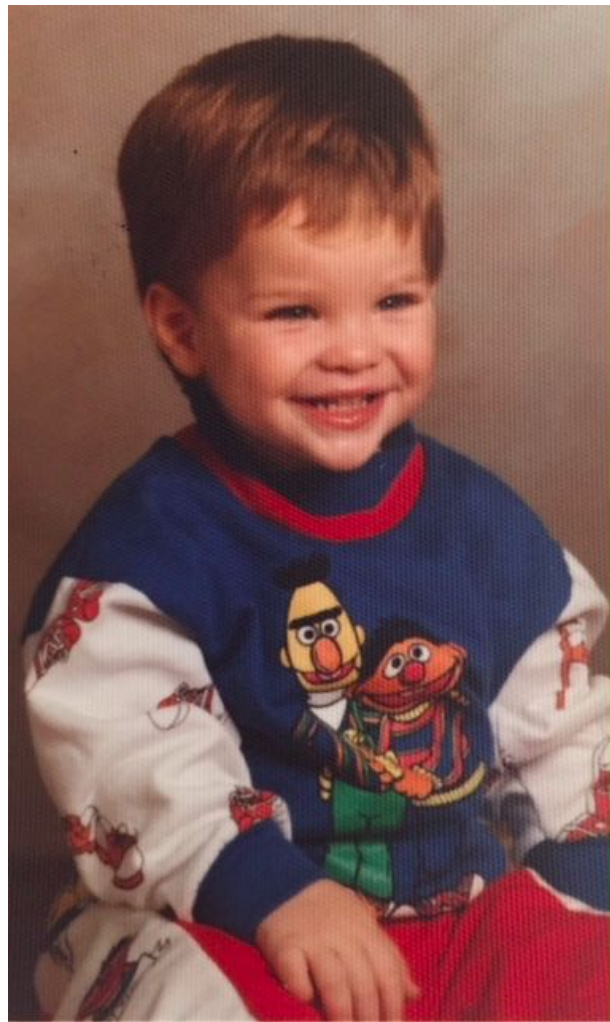
Twitter: @positivelyme207

Twitter: @ToryRyden



Tamara Ranger

Twitter: @TamaraRanger



THE POLAR



TAR BEACH



FAITH RINGO

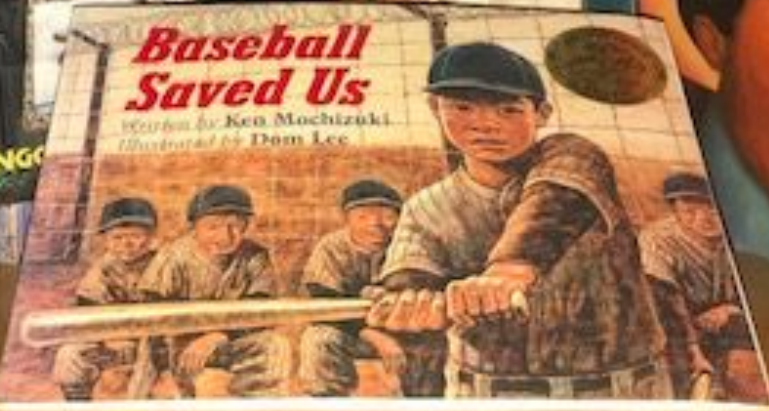
WISCONSIN

The Rag Coat



Baseball Saved Us

Written by Ken Mochizuki
Illustrated by Dom Lee



Harvesting Hope

THE STORY OF
CESAR CHAVEZ



KATHLEEN KRULL
ILLUSTRATED BY
YUYI MORALES

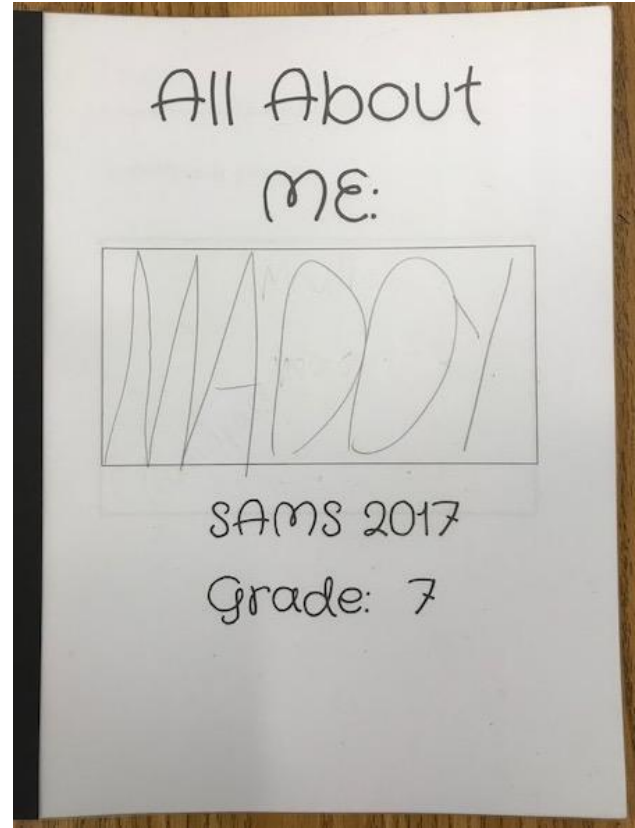
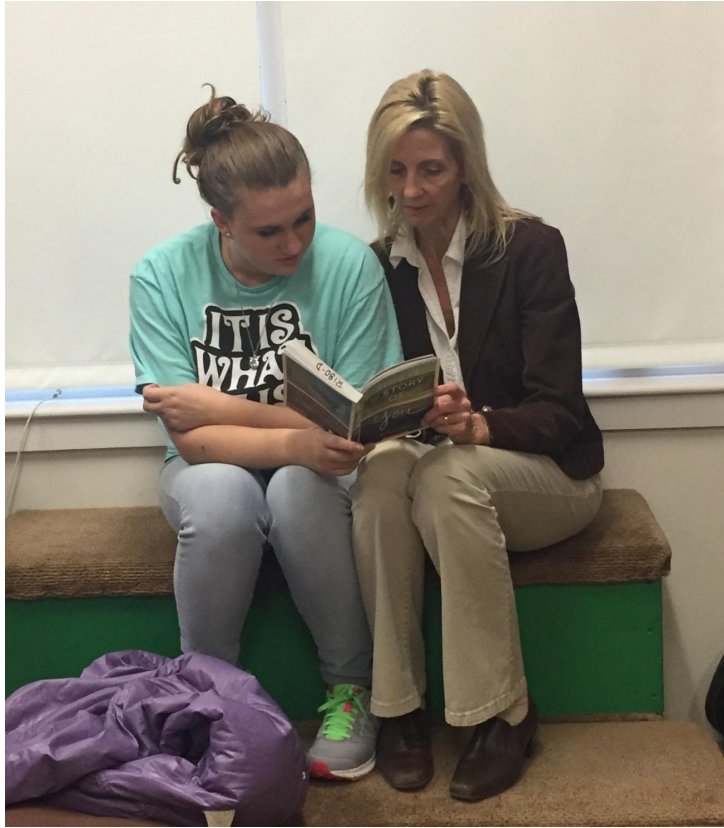


First Generation
College Graduate

36 Years Old







I live in Waterville



How old do you think
my house is?

10 years old

50 years old

100 + years old

Where do you live?

Smithfield

Canaan

Skowhegan

Norridgewock

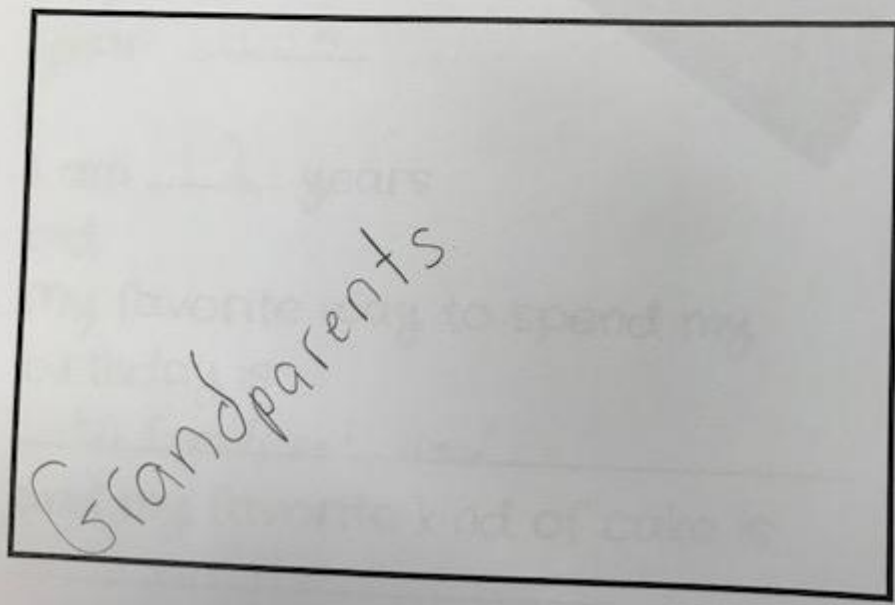
Mercer

Cornville

I live in

Cornville

with these people:



Things Ms. R likes to do:



Some things I like to do include:

These Sports:	These Chores Make My Bed ✓ Do the dishes	Music (play or listen to) Taylor Swift Most Country hip hop ✓	These Video Games
Hanging out with these friends ✓ Victoria Morgan	These clubs:	Art/Drama	Other: cook walk

✓ Favorite teams/music/other:
Taylor Swift

☐ MINE

☐ YOURS

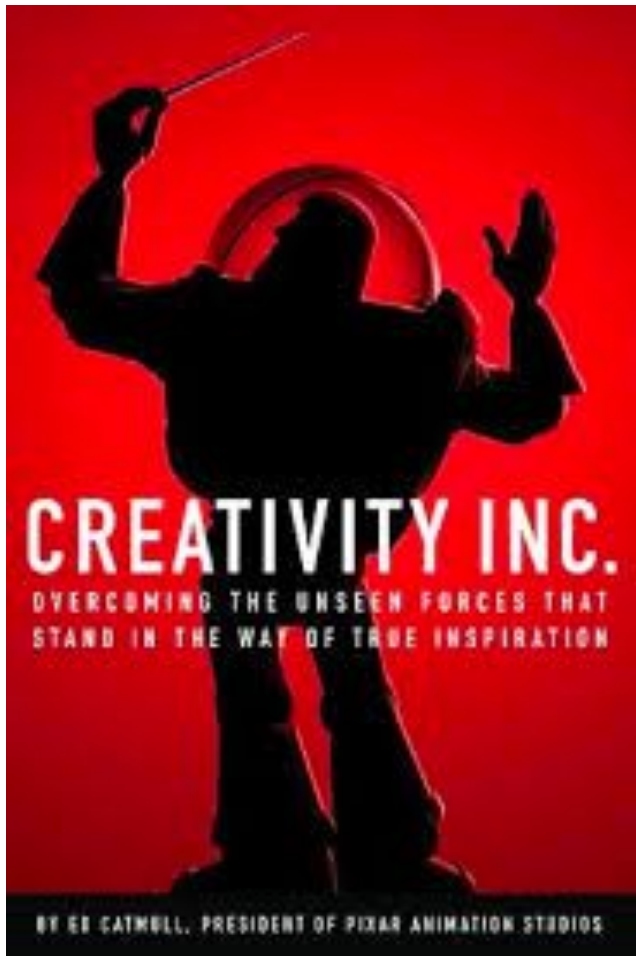
☒ OURS



SHARED LEADERSHIP

"Teacher leadership is the
lifeboat to a better and
stronger school."

- Megan M. Allen in Education Week
Teacher

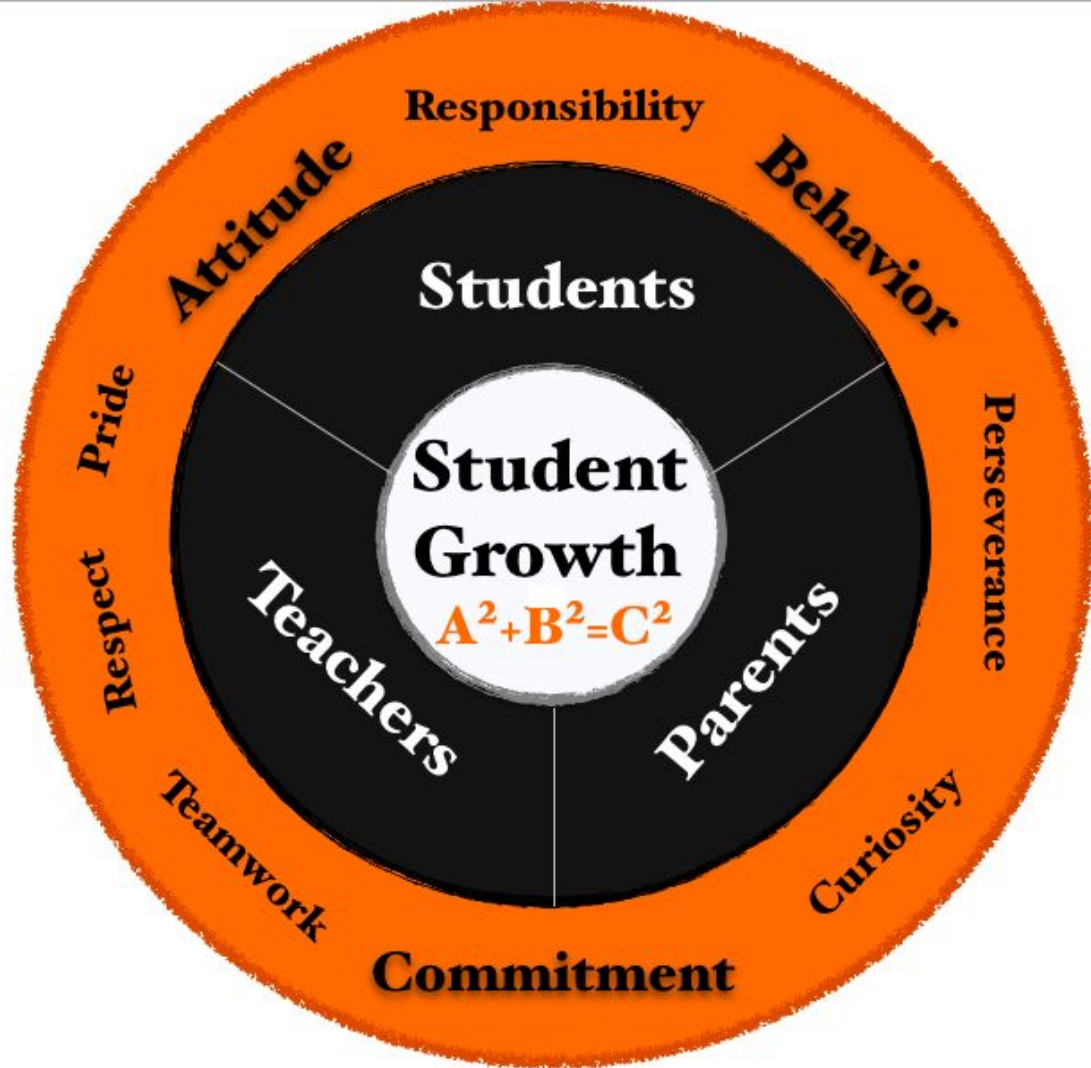


All we do comes from Teacher Leadership.
Admins serve as part of the team;
not the lead.

Team Leaders

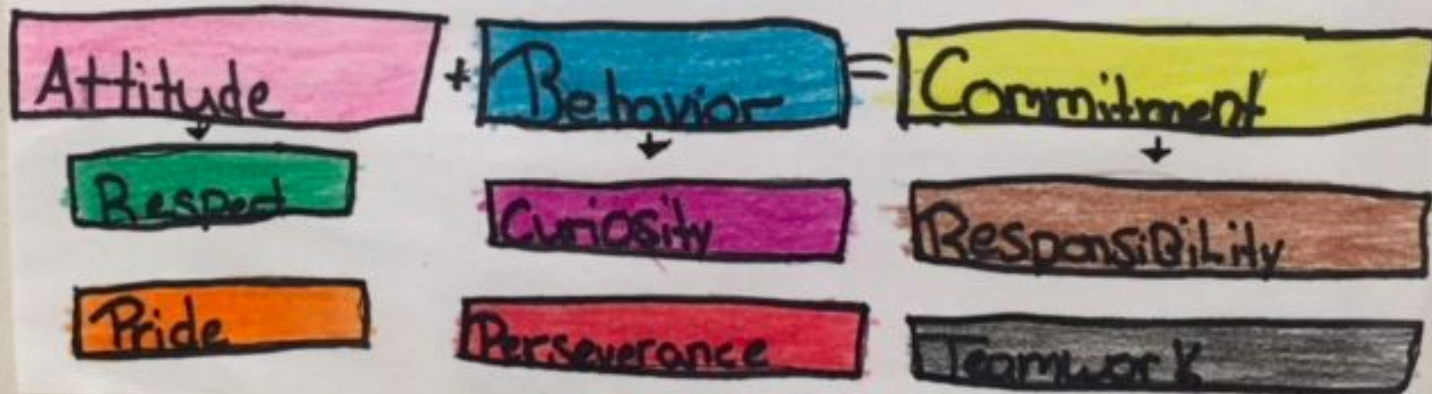
PLC: Professional Learning Community

- Norms
- Core Values Statement
- Response to Intervention
- Family Engagement
- Peer Observations



SAMS
Values

$$A^2 + B^2 = C^2$$



Challenges Issues



- deep childhood poverty
- opioid epidemic
- food insecurity
- homelessness
- mental health needs
- incarcerated caregivers
- reduced education funding
- unfunded/underfunded mandates
- devaluing teachers and the profession

The story of
Stephen



We can't separate
the emotional lives
of students from
the academic.

Marc Brackett, Ph.D.
Director of the Yale Center for
Emotional Intelligence

Do NOT want to feel:

anxious, confused, blue, embarrassed, stressed, hurt, lost, sad, ticked off, shy, discouraged, uneasy, unhappy, angry, depressed, mad, empty, afraid, dread, annoyed, bullied, bored, left out, ashamed, uncomfortable, scared, unappreciated, guilty, unsafe, disappointed, down, threatened, irritated, grumpy, under pressure, horrified, impatient, hopeless, miserable, unwelcome, lonely, frustrated, worried, bugged, frightened

Want to Feel:

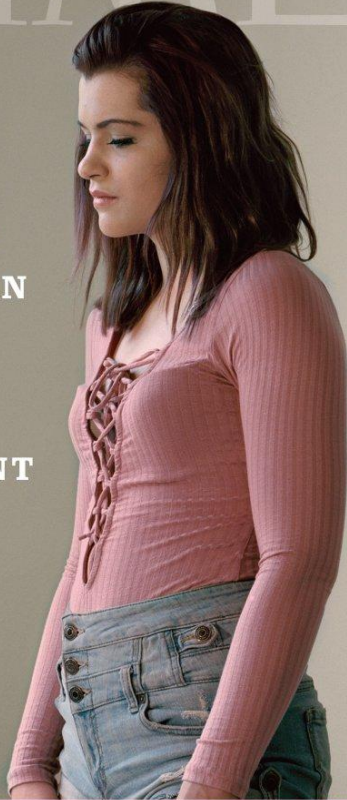
amazed, strong, respected, smart, normal, joyful, connected, loved, safe, positive, responsible, kind, successful, good, alive, interested, protected, challenged, improved, wanted, comfortable, confident, welcome, proud, silly*, calm, appreciated, curious, helpful, glad, motivated, terrific, jolly, involved, excited, grateful, playful, unique, satisfied, happy, sparkly, cheerful, pleased, peaceful, great, thankful, wonderful, quiet, important, role model, relaxed

NOVEMBER 7, 2016

TIME

**ANXIETY,
DEPRESSION
AND THE
MODERN
ADOLESCENT**

By Susanna Schrobsdorff



time.com

Reading Comprehension

- Cause & effect
- Central Idea & details
- Summarizing

Vocabulary Instruction

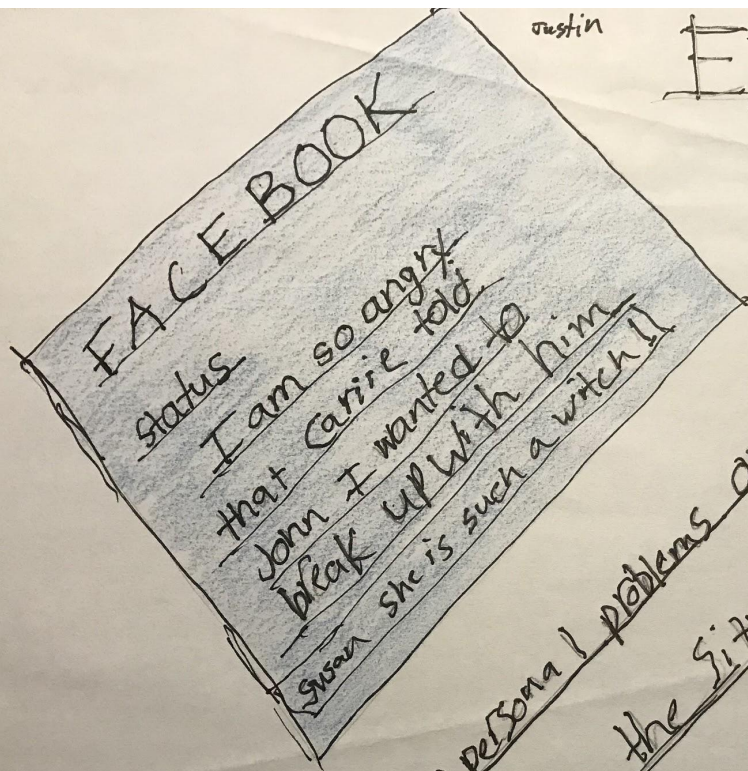
- Word posters/Frayer Model

Mental & Physical Health

- Anxiety & Depression
- Self-harming

Justin

EXACE Rbate



posting your personal problems on social media
exacerbates the situation



malicious

Means:
Wanting to harm others



I couldn't tell you how many students are being **malicious** to each other over instagram or snapchat. p.6

Examples:

getting back at somebody

Saying bad things behind
people's backs

Non examples:

being helpful

making new friends



Community Connections: Readers' Theater at local nursing home.

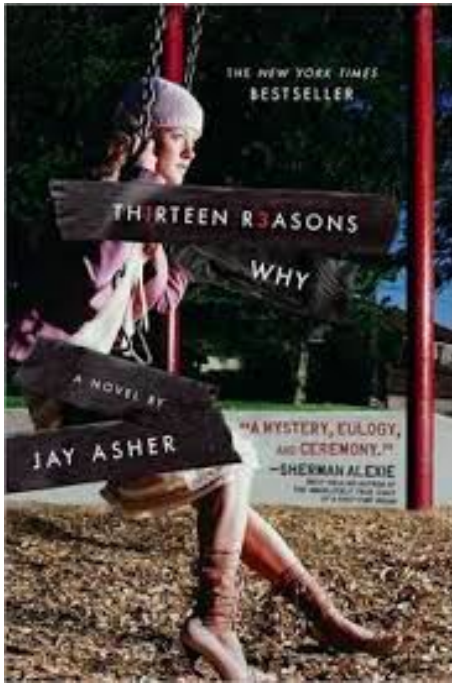




Identifying emotions of characters:

I think _____ felt _____
when _____.





Suicide
Depression
Rape
Bullying



Many of our students were reading the book and/or watching the Netflix series--with no one to process it with them. Some were romanticizing the experience of suicide. We were concerned.

13 Reasons Why I Matter

1. I am important.
2. I am smart.
3. I am unique.
4. I am beautiful/handsome.
5. I can learn from the pain I experience.
6. I am strong.
7. I am talented.
8. I can accomplish many things in my life.
9. I can make a difference in this world.
10. I can inspire others.
11. I have people who need me.
12. I am never alone.
13. I am loved.

Adapted from <http://www.hercampus.com/school/ucf/13-reasons-why-you-matter>

Skowhegan Area Middle School

We care about you! You are an important part of the SAMS family! If you or a friend are in crisis and need support yet you are unable to speak to a trusted adult, please contact one of the the resources below, or go to your local emergency room.

**Maine State Crisis
Hotline
1-888-568-1112**

**24/7 Crisis Text Line
Text HOME to 741741**

Video conferencing

Field trips and experiential learning:

collaboration

communication

problem-solving

real world connections

*A Book of
Memoirs*



*Somerset and Kennebec
Grade 7 Students*

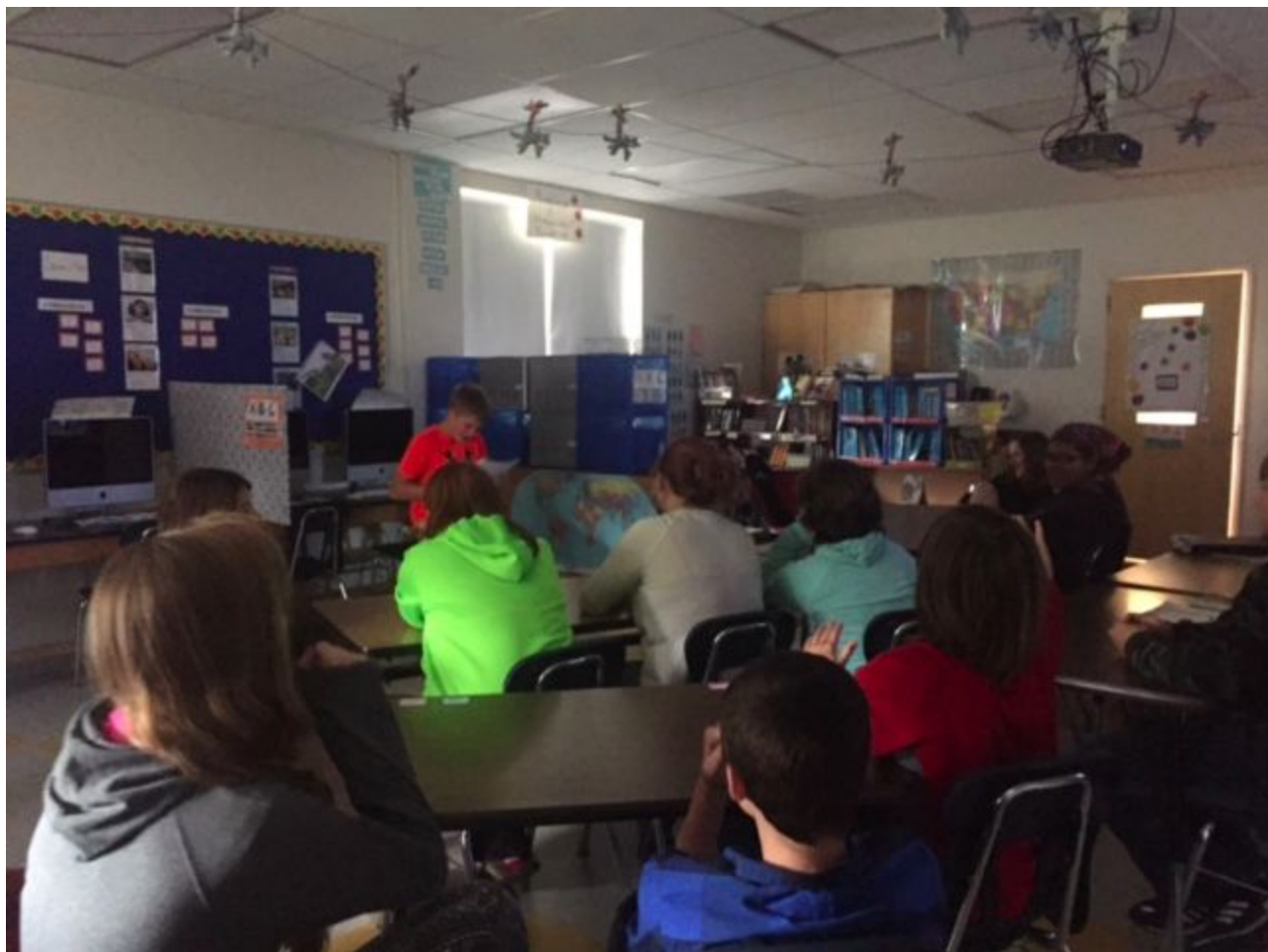
June, 2016

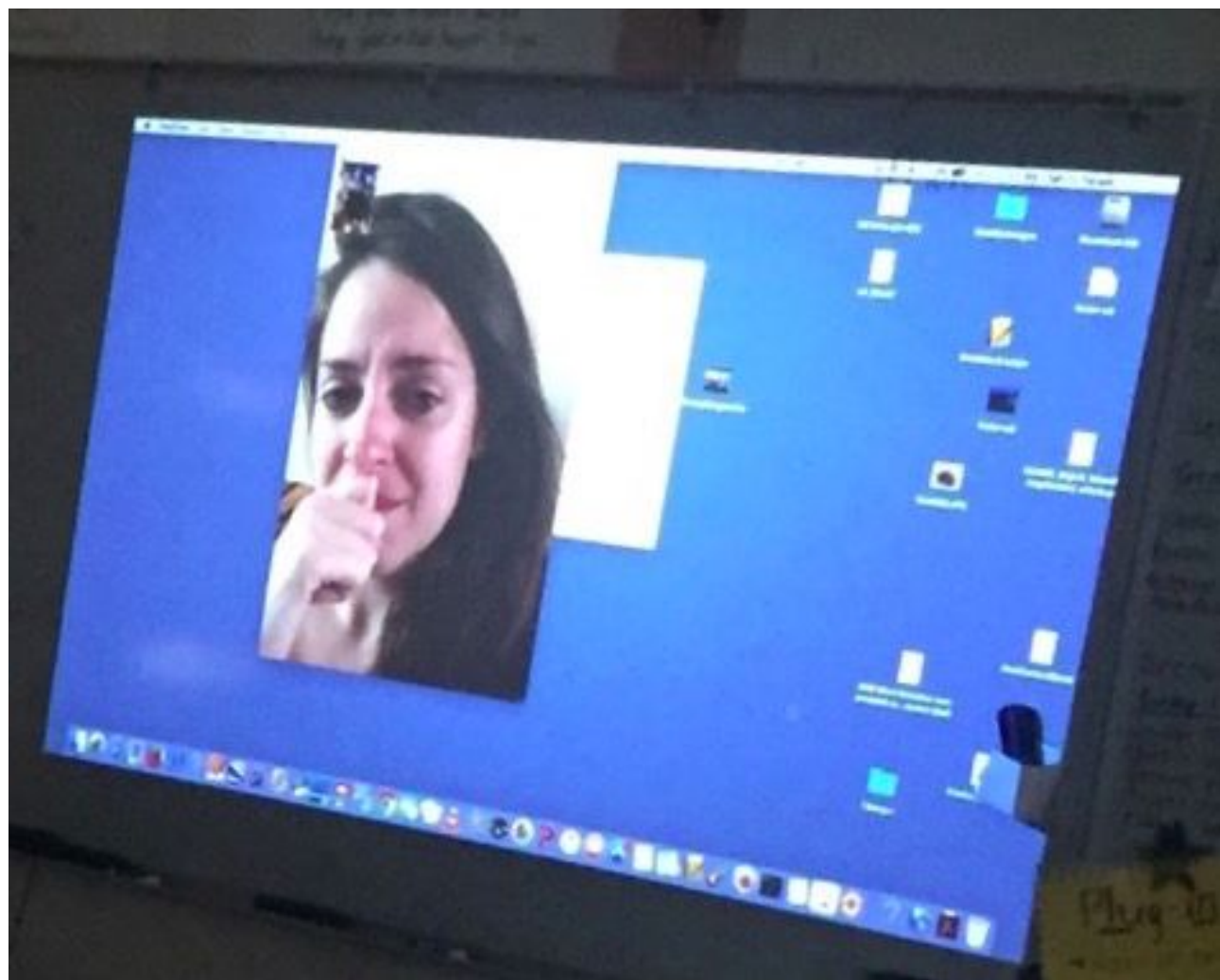
*A Book of
Memoirs*



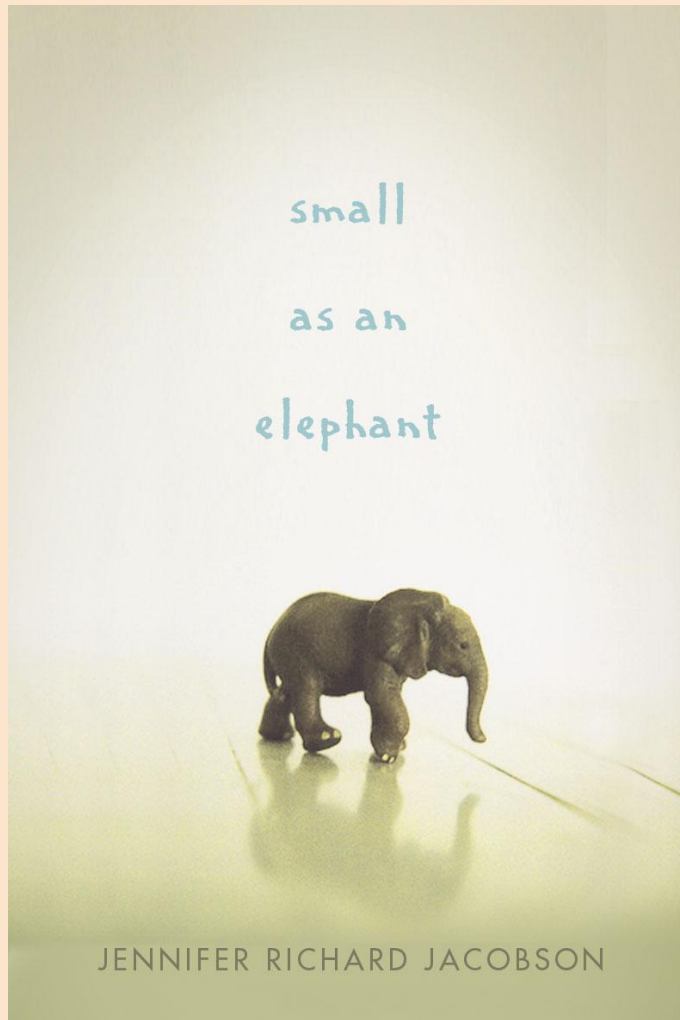
*Aroostook and Penobscot
Grade 7 Students*

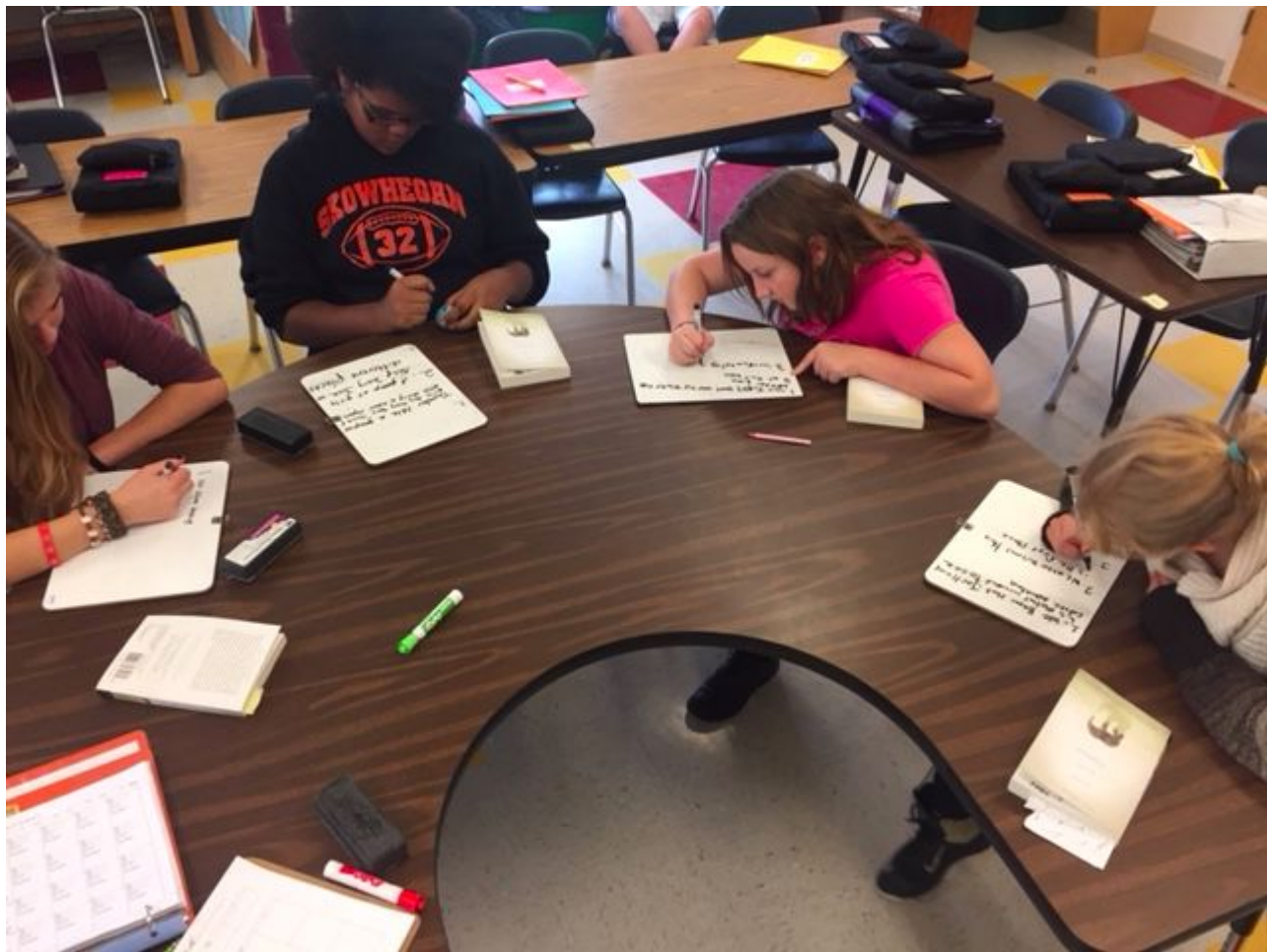
June, 2016

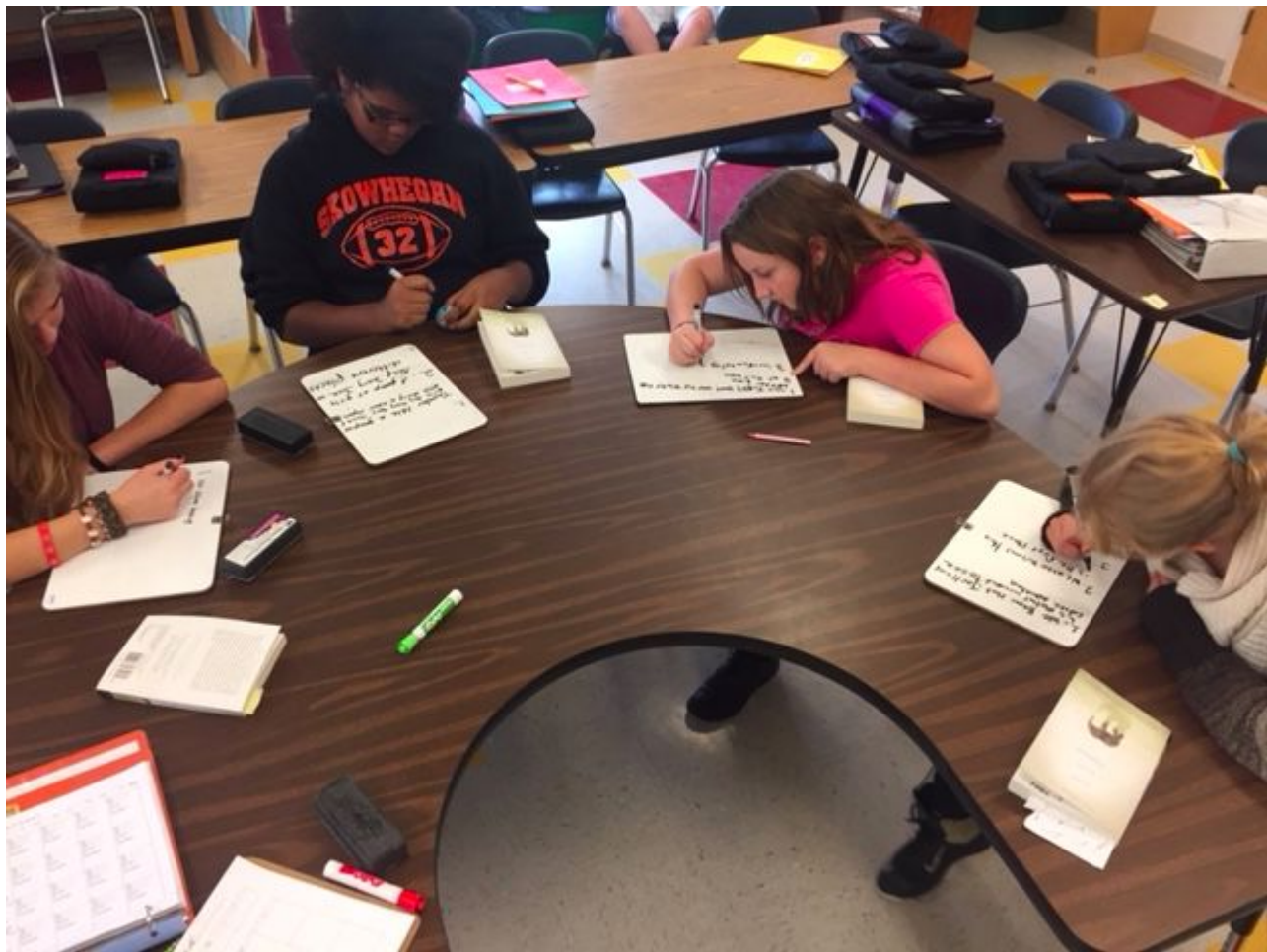




Acadia National Park







1 Jack when he was on
the computer at the library

2 When Jack and his mom
got in a fight with his mom
when
3 he stole the tox elcten

1. McCoon

4 Jack before
and after his trip

2. Libby

3. Lost the fone

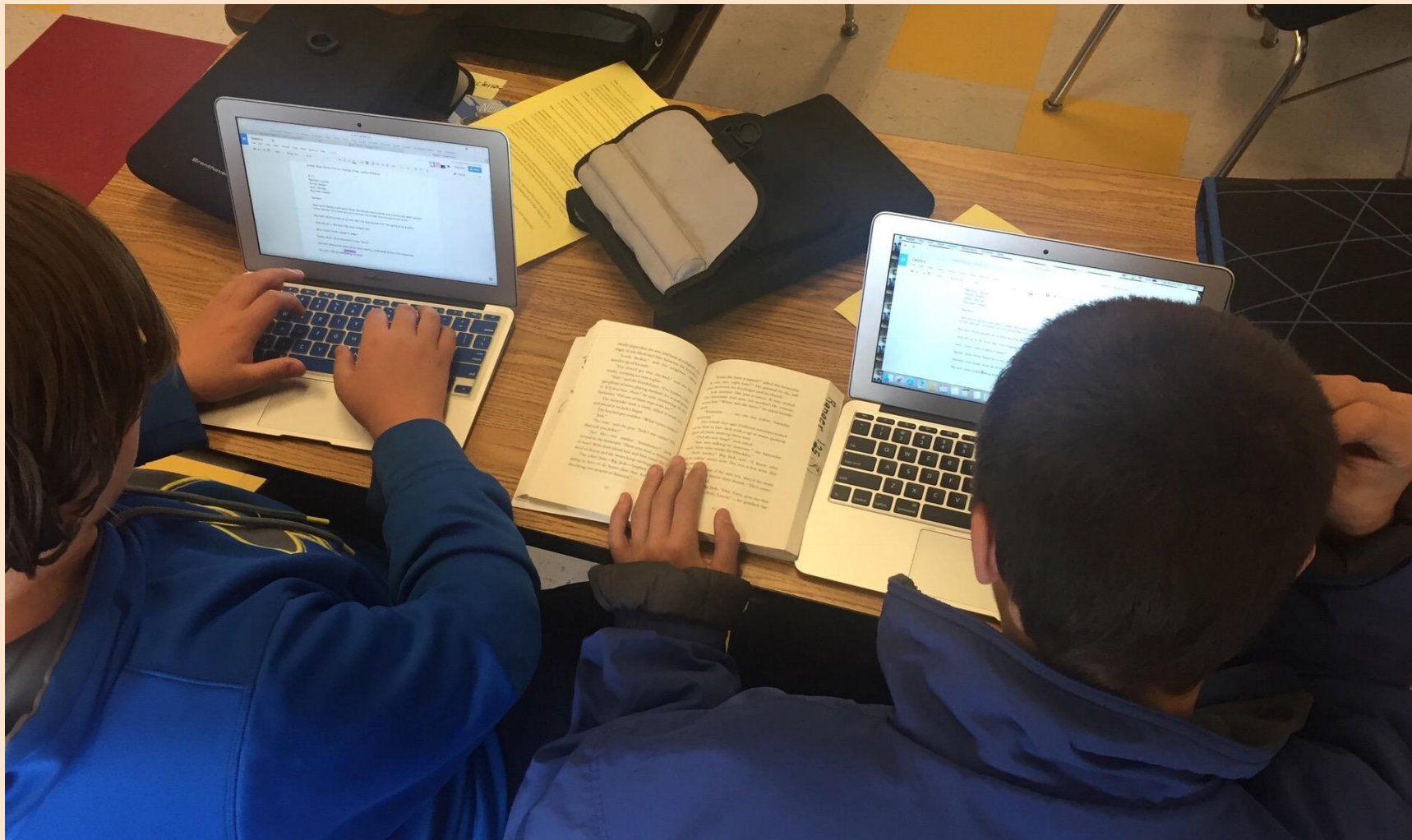
Reporter
1 Jack has gone missing we
think he could be at the thunder
hole that is one of the places
they wanted to go

2 Jack found a school
and met teachers

1. Echo Beach

2 At the restaurant with Big Jack

3 At the couples cabin in
the woods







Showing Gratitude

Dear Sections B+C - 500000 many people went out of their way to make this trip possible for you! See how many people you can think of and write them in below:

Transportation (\$250 for Bus) Donor's Choice Grant Sam Ranger Mrs. MacIntyre April Ranger ? Mrs. Dorman Mariene Everett Bus Driver: <u>Mr. Tracy</u>	Administrators 1. <u>Mr. Langyear</u> 2. <u>Mr. McEwen</u> 3. <u>Mr. Colby</u>	Nurses 1. <u>Mrs. Lancaster</u> 2. <u>Mrs. Crukey</u>
Chaperones 1. <u>Mrs. Williamson</u> 2. <u>Mrs. Doty</u> 3. <u>Mrs. Eames</u> 4. <u>Sam Ranger</u> 5. <u>Celise St. Pierre</u> 6. <u>Mrs. Gibson</u> 7. <u>Mrs. Everett</u> 8. <u>Mrs. Evers</u>	Acadia National Park 1. <u>Jeff Beauchamp</u> 2. <u>Michele Berman</u>	Secretaries 1. <u>Mrs. Murray</u> 2. <u>Mrs. Lacasse</u>
Snacks + Lunch <u>Mrs. Everett</u> Bus <u>Mrs. Muir</u> Juiceman SAMS	Bar Harbor 1. <u>Ben and Bill's CE</u> 2. <u>Geddy's</u> 3. <u>Sherman's</u> 4. <u>Library</u>	Other: Ann Boudault Dave Leant Mrs. Wight

Teaching
GRATITUDE
through
modeling

Winter
Carnival



After School
program



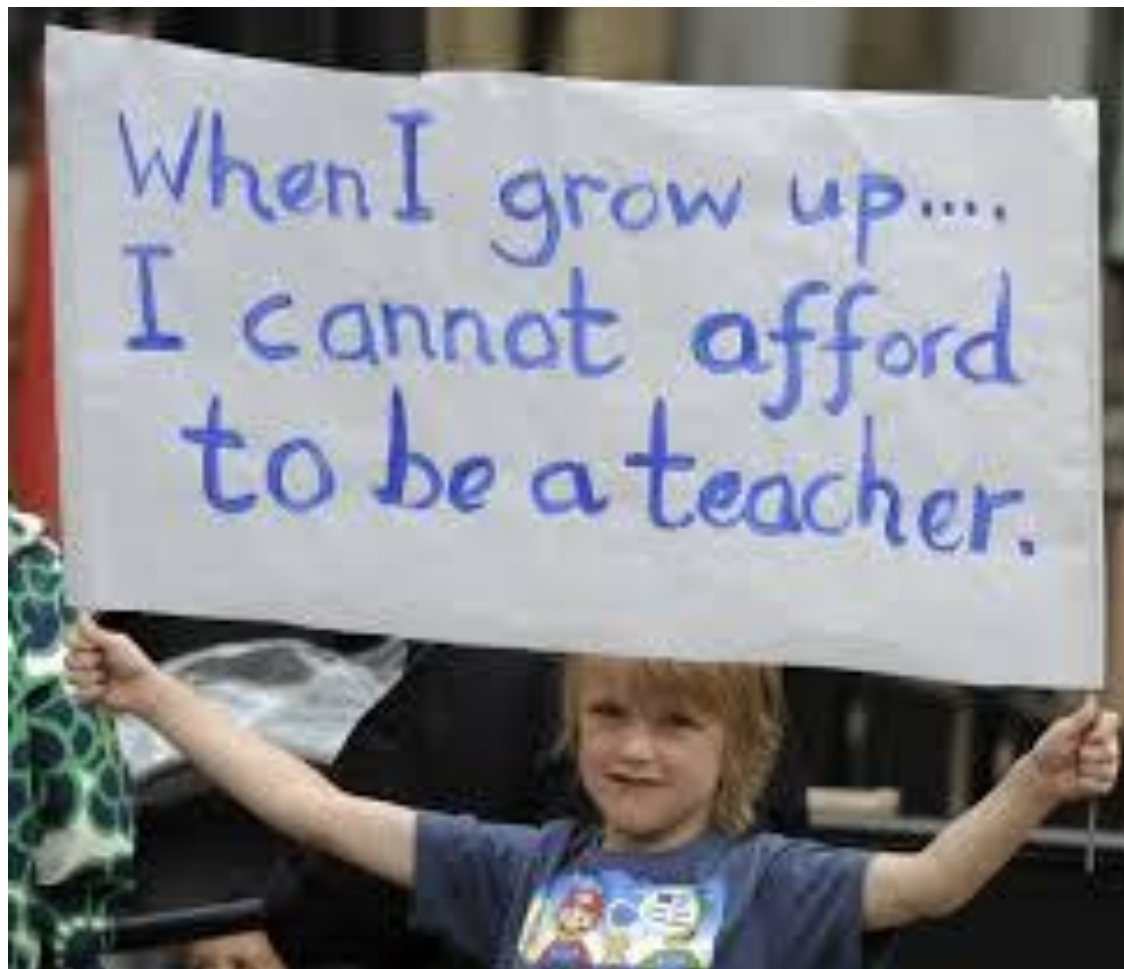
Nate Gray, biologist

- Data collection
- Observations /written impressions
- Primary Resources
- Fish migration
- Impact on Maine economy/lobster bait

Teacher Retention and Recruitment

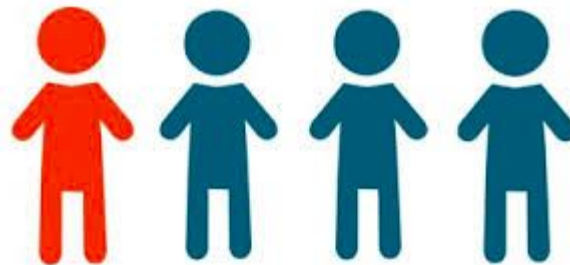


When I grow up....
I cannot afford
to be a teacher.





25%



Center for American Progress, 2014

TEACHERS
WORKING
CONDITIONS
ARE STUDENTS
LEARNING
CONDITIONS

If we are to ever fully live up to the promise of our country, we will do it through schools. **Free, universal education is a miracle and is relatively new in the history of history. It is enormously expensive and it is worth every penny** and I promise you, teaching is not easy and all most teachers want is for it to be a little less impossible.

Schools will never get there without teachers and teachers will never do it alone.

Tom Rademacher



Understand your district's budget.

Support policies that invest in:

- Schools
- Teachers
- Healthcare
- Early learning
- CTE: Career & Tech Ed
- Social supports that reduce poverty

Volunteer

Share a skill or interest

Donor's Choose

